



2019 Presidential Election

**A new dimension to the Honorable Motherhood
An integrated Socialist Pathway**

**Let us ensure the victory of our nation by voting
for our sister**

Dr. (Mrs.) Ajantha Perera

First female Presidential Candidate of a Socialist Party in Sri Lanka

SDG 3: Good Health and Well-Being

- (i) initiatives aimed at improving the nutrition level of Sri Lankans, as listed under SDG 2, compliments efforts expected to be taken towards improving the health and physical well-being of all Sri Lankans;
- (ii) in lieu of the high suicide rate and mental health challenges reported in Sri Lanka, mental health education will be integrated into school curriculum. School counsellors will be appointed to all Government schools on full-time/ part-time basis. In addition, all Government school teachers will be expected to undergo theoretical and practical modules on dealing with mental health and counselling during Teacher Training. The appointment of Counsellors and mental health/ counselling of teachers will be made mandatory for all Government educational institutions from 2021 onwards, and strongly recommended for Semi-Government and Private-financed education institutions. Between 2020-2021, this initiative will be piloted in a selected number of schools to understand the most feasible model;
- (iii) methodology will be developed to ensure that consistent mental health services support, including counselling will be available and accessible to all Government employees;
- (iv) further investment will be made to the financing of Government-funded health centres and hospitals, ensuring availability of high-quality universal healthcare, free of cost, to the public. Through extended collaboration with sub-regional, regional and south-south and triangular cooperation (SSTC) initiatives, research and development into healthcare will be further facilitated and monitored;
- (v) backyard organic farming practices will be promoted in households and in educational institutions. Free vegetable/ fruit seeds will be distributed through District councils to schools and households, as part of the initiative. Utilisation of organic items as pesticides and fertilizer substitutes, will be promoted. In the case of schools, the maintenance of aforementioned gardens will be integrated into the curriculum of extra-curricular initiatives such as the Green Scouts Movement, to incentivize maintenance;

